

Upcoming Events/Announcements

If someone you know has become homebound or has moved to a care center, please let us know so we can include them in our care ministries. We love our whole church family and want to ensure that everyone is included, remembered, and loved.

Safe N Sweet Fall Festival at Storybook Island-

Join us at our table at Storybook Island's Fall Festival! Volunteers needed. We also need 3,000 pieces of candy to hand out!

*We are doing this in place of our Trunk or Treat this year.

October Mission Project- Soup Packages - We will bless families through multiple organizations in our community! Join Missions to assemble soup packets (dates listed on calendar below) *Monetary donations also welcome and appreciated to cover ingredients. Please denote your gift as "October Mission."

Calendar at a Glance

October 6: UWF Executive Board Meeting - 2:30PM

October 9-11: DAK Youth in Aberdeen

October 12: Office Closed for Native American Day

October 13: Cornerstone Mission Meal

October 14: Soup Packet Assembly – 12:30PM & 6PM

October 22: Soup Packet Assembly – 12:30 PM & 6PM

WORSHIP SERVICES:

Saturday – 5:30 PM (casual)

Sunday 8:30 AM (traditional); 11 AM (contemporary)

WEDNESDAYS: Dinner - 5:15 PM

Programming for All Ages – 6 PM

SUNDAY SCHOOL: 9:45 AM- 10:45 AM

For all from Babies to 80s and Beyond!



Visit our calendar and give online by scanning this QR code with your phone.

Just go to your camera like you're taking a picture. Once focused on the QR Code, the link will pop up. Click that and it will take you to CLUMC.com



For the week of

October 4, 2026

**Canyon Lake United Methodist Church
Rapid City, SD**

"Simplicity"

Showing up for God and with God, often takes us in a direction we may not expect: simplicity. There are days when life and work and faith and family just seem to be so incredibly complex. And then there are those days when we realize that much of our day-to-day living can absolutely be based on simplicity. This week you are invited to show up for and with God, serving others and living in simplicity.

Prayer: God of mercy, we want to give our lives as a simple witness of our goodness. May we always tell the story of your steadfast love, embodying your care for all of humanity. Create in us hearts like those of the children when Jesus invited them into his arms. Amen.

Monday 10.5 "Simplicity in Emotions" Matthew 6:25-34

This may surprise you: Did you know that worry and overwhelm are only emotions? They are not tangible. You can't touch them, hold them, or throw them away. They tend to live in our heart, mind, and gut. And when they are at their strongest, they feel like an actual object living inside us. Jesus reminds us that this is not true. What are you worrying about right now that keeps you awake at night or drives you to distraction during the day. Stop. Breathe. Realize that these emotions do not have to rule your life. In simplicity, just let them be. There is nothing you **MUST** do. There is nothing you **MUST** be. Release the worry. Let God take it from you. Today let there be simplicity in your emotions.

Tuesday 10.6 "Self-Indulgence?" Ecclesiastes 2:1-11
Remember that the author of Ecclesiastes was born into a very rich and powerful family. It was in his early adulthood that he faced his own self-indulgence and came to a new realization that all that wealth was in reality nothing "chasing after the wind". (vs 11) Sit quietly now. Think about your own self-indulgence. How could you simplify your life by letting parts of it go?

Wednesday 10.7 "Priorities, please" Psalm 19
"The heavens are telling the glory of God..." (vs 1) This psalm focuses on giving us a quiet direction. In all simplicity, in quiet, and in calmness read the psalm again beginning in verse 7 and ending in 10 . After each phrase, pause. Breathe deep and focus for just a few seconds on what that phrase is telling you. In verse 12 it says, "Clear me from hidden faults." Pause again and just breathe for a minute or two. Let the worries of the day slip off your shoulders. Simply breathe in God's presence and love.

Thursday 10.8 "A Parable about Priorities" Luke 12:13-21
"There was once a rich fool." Today, begin by releasing the worries and overwhelm of the day, whether they lie ahead of you or behind you. Breathe and relax. Now read the parable once and then twice. Ask yourself how this parable applies to you. What is it that you are holding onto, building bigger barns to hold rather than letting it go. How could you simplify your life by showing up for and with God while letting go of other things?

Friday 10.9 "Simplicity in Community" Acts 2:42-47, 4:32-35
Whaaaaat? They lived how? Verse 4:34 says, "There was not a needy person among them." Almost none of us can comprehend what a lifestyle like this would entail. But one thing we can do is simply listen to this part of the Christian story and realize that in our history there have been those followers of Jesus who lived in simple community with each other and worked hands-on to make the world be a better place. The vast majority of us could not (would not!) live like this. BUT... we could learn to live more like this. We could learn

on a deeper level how to watch for the needs of others and help those needs. We could learn to share more. All of this revolves around a God-empowered simplicity.

Saturday 10.10 "Living it" 2 Corinthians 1:7-14
Living in simplicity carries consequences... really good ones! When we have the ability to sit back and observe our own lives, life changes. When we take the time to actually observe our own lives, time itself changes. When we in simplicity place the priorities of others over our own, hearts are altered. Carry this simplicity with you. Let it change your life!

Sermon Notes and Devotional Reflection



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